

PROSTATE CANCER AWARENESS MONTH

TOGETHER FOR THE LONG RUN

September 1 – 30



Life-changing care

If you or your loved ones have been impacted by prostate cancer, contact Prostate Cancer Foundation of Australia for support.

We have Specialist Nurses who can help you navigate your diagnosis and provide expert information and support for your whole family.

✓ Here's what men and their families say:

- PCFA Nurses had the biggest impact on my overall state of health, wellbeing, confidence, and ability to manage my diagnosis.
- PCFA Nurses helped to improve my psychological health and wellbeing.
- PCFA Nurses helped me feel more confident in managing my condition.
- PCFA Nurses helped me feel less anxious about my treatment.

✓ Here's what the experts say:

- 60% reduction in Emergency Department visits
- 56% reduction in specialist consultation times
- 63% reduction in rate of missed medical appointments

We're here to help

Be proactive about prostate cancer.

Talk to your doctor about PSA Testing, and call PCFA for information and a **free info kit**.



Specialist Nurses



Telenursing & Counselling Service



Support Groups



Online Community



Phone-based peer support program



Information Kits



Help end the pain of prostate cancer.
Register for The Long Run.

thelongrun.org.au



Prostate Cancer
Foundation of Australia

the **LONG** run