



Prostate Cancer
Foundation of Australia



Support when you need it most

If you have been impacted by prostate cancer, join a Prostate Cancer Support Group today for connection and support.



Connecting with others who have been through a similar experience can be invaluable and help you cope with a diagnosis. PCFA has 120 Support Groups including groups for those in the LGBTIQ+ Community, younger men or people who are culturally or linguistically diverse.

Find more information
or a support group near you at:
prostate.org.au/support-groups

✓ The benefits

- Find a sense of belonging and community with others who understand
- Share experiences of diagnosis, treatments and managing side effects
- Learn evidence-based information in an easy-going friendly environment

“*Joining a support group after my diagnosis has been invaluable. I’ve learned from others which has really helped me develop a more positive outlook.*”

— Matt D

Be proactive about prostate cancer. Talk to your doctor about PSA Testing, and call PCFA for information and a [free info kit](#).

☎ 1800 22 00 99

the **LONG** run

GET ACTIVE IN THE
FIGHT AGAINST PROSTATE CANCER
PROSTATE CANCER AWARENESS MONTH

🔍 thelongrun.org.au

