

*the* LONG *run*

# HELP LOVE GO THE DISTANCE

Run, walk or ride 72km for men with prostate cancer this September. Help love go the distance against Australia's leading cause of cancer.

TAKE ACTION FOR  
PROSTATE CANCER  
AWARENESS MONTH

#thelongrun 

*Sign up here*

[thelongrun.org.au](https://thelongrun.org.au)



Prostate Cancer  
Foundation of Australia

 1800 22 00 99

